



## Virtual Schedule – 2025 Provincial-Wide Cultural Intelligence (CQ) Workshop

### Topics to be covered:

- The Rise of Immigration in NL
- Culture
- Cultural Adjustment and Accommodation
- What is Cultural Intelligence
- Diversity and Inclusion in the Workplace and Community
- The Benefits of an Inclusive and Diverse Workplace
- Stereotypes, Discrimination, and Microaggressions
- Unconscious Biases and Acknowledging Bias
- How do we address our own Personal Biases
- Impact Vs. Intent
- Racism and Anti-Racism
- Workplace Anti-Racism Action Agenda
- Overcoming Communication Barriers with New Canadians
- Programs and Services available to Employers and Managers

### Thursdays 1pm to 3:30pm

June 12, 2025  
June 19, 2025  
July 3, 2025  
July 10, 2025  
July 17, 2025  
July 24, 2025  
July 31, 2025

### Friday 10am to 12:30pm

June 13, 2025  
June 20, 2025  
July 4, 2025  
July 11, 2025  
July 18, 2025  
July 25, 2025  
August 1, 2025

The Association for New Canadians will be offering the above FREE Virtual sessions with in-person dates and locations to be posted on our Facebook page in the up-coming week. If you would like to host a CQ Workshop, please email ANC Facebook Page:

<https://www.facebook.com/AssociationForNewCanadians> .

If you would like to join a FREE virtual session, or if you would like our team to create a FREE session just for your company or team rather virtually, or in-person, please contact us at:

[diversity@ancnl.ca](mailto:diversity@ancnl.ca) or call (709) 327-6042.