## PRACTICE Register Today! CLPNNL Workshop Registration Form October 28, 2025, 08:30 - 16:00 Virtual Microsoft Teams Event CLPNNL License number Email Address Contact telephone number Place of employment (include; building, unit, floor) I am confirming that I am off or have been approved to be off to attend this workshop on October 28, 2025, from 08:30 - 16:00. (please place check mark to confirm). LPN **Professional** See page 9 for details Leadership Workshop - Virtual **COLLEGE OF** LICENSED PRACTICAL NURSES



Volume 10, Issue 3 - September 2025

#### **PRACTICE**

The College of Licensed Practical Nurses of Newfoundland and Labrador PRACTICE magazine includes a wide array of information on nursing regulation, nursing licensure, nursing practice and many other health related topics. PRACTICE is published electronically three times a year. CLPNNL welcomes feedback, suggestions and submissions from readers at <a href="mailto:wsguires@clpnnl.ca">wsguires@clpnnl.ca</a>.

209 Blackmarsh Road, St. John's, NL A1E 1T1

Telephone: (709) 579-3843 or Toll Free: 1-888-579-2576 Fax: (709) 579-8268 E-Mail: info@clpnnl.ca Website: www.clpnnl.ca

#### **COLLEGE BOARD MEMBERS**

Christopher Janes Chairperson, Zone 3 Licensed Practical Nurse Central Region

Shawna Haley-Sharpe Zone 1 Licensed Practical Nurse Eastern Region
Ngozi Audu Zone 1 Licensed Practical Nurse Eastern Region
Lisa Gear Zone 2 Licensed Practical Nurse Eastern Region
Aimee Pennell Zone 4 Licensed Practical Nurse Western Region

Una Davis Zone 5 Licensed Practical Nurse Labrador/Grenfell Region

Patricia Barrett Public Representative \*
Sheila Fudge Public Representative \*
Vacant Public Representative \*
Dawn Lanphear Centre for Nursing Studies

Wanda Wadman Chief Executive Officer/Registrar (Non-voting)

#### **OFFICE STAFF**

Chief Executive Officer/Registrar Wanda Wadman RN, BAA(N), MN

Professional Practice Consultant Wanda Lee Squires LPN

> **Deputy Registrar** Dena L. Lake LPN, BA

Policy Consultant Siobhainn Lewis RN, BN, MN

Accounting/Office Clerk
Desiree Francis

Registration Officer Glenda Hayward

> Office Clerk Diksha Pandya

PRACTICE, presented by CLPNNL

**Design & Layout:** Kimberly Puddester

<sup>\*</sup>Appointed by Government

#### **CONTENTS**

Mandate, Vision, Values, Mission 2	ISMP Canada10
CLPNNL & CRNNL to form Newfoundland and	NLCSU Education Days
Labrador College of Nurses	Ask a Practice Consultant
CLPNNL/CRNNL/NLCSW Collaborative Education Event	Reminder: Track your LPN Practice Hours 13
	Competency Profile Transition – Part 2 14
Save the Date Date CLPNNL Annual General Meeting (AGM) Update	CLPNNL Fall Webinars
REMINDER: Keep Your Information	PCR Notifications
Up-To-Date!	NLCSU Conference and Education
Logging your Continuing Education in Alinity 6	CLPNNL Quality Monitoring – Update 20
CLPNNL 2025/26 Directed Learning 7	eli iii quanty iii monitoring opuate 20
Science, Health and Research Education Summit	20
LPN Professional Leadership Workshop 9	Quality   Monitoring   Urgent Care Centres NERC Continuing Education 22 New Mental Health Team to Assist Families

#### **Mandate**

To regulate the practice of licensed practical nurses in the public interest

#### Vision

Excellence in the regulation of licensed practical nurses

#### **Mission**

To regulate Newfoundland and Labrador's licensed practical nurses so the public receives safe, competent, and ethical care

#### **Values**

Fairness	Being inclusive, equitable, just and transparent
Integrity	Being honest, ethical, fair, and responsible
Social Responsibility	Acting in the public interest
Collaboration	Being effective in communicating and relationship building
Agility	Being adaptable and innovative



## CLPNNL & CRNNL to form Newfoundland and Labrador College of Nurses

The College of Licensed Practical Nurses of Newfoundland and Labrador (CLPNNL) and the College of Registered Nurses of Newfoundland and Labrador (CRNNL) have formally begun the process of merging to establish a single regulatory body, the Newfoundland and Labrador College of Nurses.

This merger is currently underway and will become official on April 15, 2026. To learn more about the merger, we have two episodes of The College Connection Podcast available, as well as a dedicated FAQ page on both websites. You can find these resources by <u>clicking here</u>. To stay updated on the transition, follow all the social media channels of both Colleges in the coming months.

#### CLPNNL/CRNNL/NLCSW Collaborative Education Event

CLPNNL, along with our colleagues at the College of Registered Nurses of Newfoundland and Labrador (CRNNL), and the Newfoundland and Labrador College of Social Workers (NLCSW) will be offering our collaborative event again this February. While we are working behind the scenes to prepare for this event, we ask that you mark your calendars for February 3rd, 2026 from 2-4pm.

As more details become available, we will share them with you. Stay tuned to your email and the "events" page on the College website.



Newfoundland & Labrador
College of Social Workers





# CLPNNL Annual General Meeting (AGM) Update

CLPNNL held its Annual General Meeting virtually on June 12/25 with 17 people attending.

CLPNNL's Board Chair, Mr. Christopher Janes presented the Annual Report, highlighting the following:

- Two new strategic priorities: effective regulation, and accountable regulation.
- The role of the Quality Assurance (QA) committee and QA resolutions.
- Strong registrant compliance with the requirements for the continuing competency program.
- The high volume of calls and e-mails for practice services, and the high outreach through educational offerings.
- The increase of registrant numbers over the last decade (up by 12%) at 2792 on March 31st.
- The availability of multiple licensure pathways for qualified applicants; 117 applicants from other Canadian provinces; 104 international applicants eligible to write the exam and for temporary license; 6 applicants completed the Supervised Practice Experience Program to gain currency of practice hours.
- 102% increase over last year in the number of applicants writing the CPNRE.
- 97% CPNRE first write pass rate for NL PN Graduates, and 79% CPNRE first write pass rate for international applicants.
- Seven-year program approval granted to both the Centre for Nursing Studies, and the College of the North Atlantic for the delivery of the PN Program.
- Continued outreach through Facebook and CLPNNL's e-Journal *Practice*.
- The Standards of Practice and Code of Ethics remain the focus of CLPNNL's Leadership workshop, and the required workshop for international applicants.
- The disposition of all 33 allegations reported to the College was identified.
- Brian Scammel was appointed as the auditor for CLPNNL for fiscal year 2025-2026

Mr. Janes highlighted the work over this past year to prepare for the creation of one nursing regulator by April 16, 2026, as required in the new Nurses Act, 2024. He spoke to the effective and respectful collaborations with the College of Registered Nurses of NL Council and staff in this important and time-consuming work.

For additional information, the CLPNNL Annual Report can be found on the website at <a href="www.clpnnl.ca/news\_all">www.clpnnl.ca/news\_all</a>.





The name (first and last) on your documentation, and on all professional communications must reflect the name that appears on your CLPNNL licensure information. Changes to your name, employer, and address must be updated with CLPNNL.

Under the College of Licensed Practical Nurses of Newfoundland and Labrador By-Laws (2022) Section 31. Accuracy of Information, Licensees must notify the College of any change or addition to employer, address, and/or name no later than 30 days after the effective date of the change.

All change requests must be made by logging into your Alinity Member Portal via the CLPNNL website. Locate the "my profile" and follow the instructions in the portal to update, or to request changes to your information. Please note that some changes, such as name, require supporting documentation. You will be prompted to upload supporting documents if required.

It is in the interest of public safety that the name that you practice under, and the name that your license is issued under, are the same. CLPNNL issues licenses in the name that appears on your government issued identification. The "Find a Nurse" public register on the CLPNNL website lists the name in which your license is issued. This tool is used by the public, and employers, to verify that you are an LPN and that you hold a valid license to practice.

Still have questions? Give us a call @ 709-579-3843.

Please note that when you call or visit CLPNNL, you may need to provide information confirming your identity.

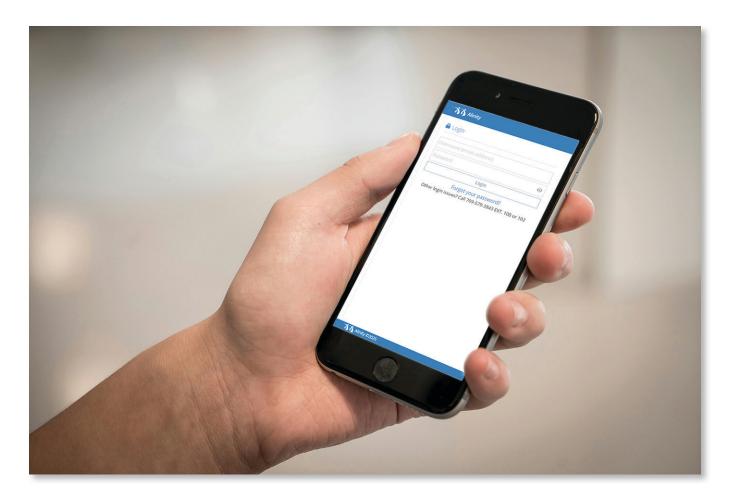


#### **Logging your Continuing Education in Alinity**

Logging your continuing education has never been easier! Each time you complete continuing competency hours, sign into your member portal and log that time in the "my learning" section. If you have a smart phone, or you're able to use another electronic device, we encourage you to sign into the Alinity member portal and log your learning as soon as possible once completed. Once you hit save, it's there. Before you know it, you'll have excelled in your continuing competence!

CLPNNL has a recorded video that LPNs can avail of that identifies the process for logging CCP hours: <a href="https://www.youtube.com/watch?v=PQj3uCw8YR8">https://www.youtube.com/watch?v=PQj3uCw8YR8</a>

\*\* check out the "Ask a Practice Consultant" section of this issue for additional details.



#### **CLPNNL 2025/26 Directed Learning**

Directed Learning is mandatory for every LPN in NL. Each year, CLPNNL's Quality Assurance committee identifies education that <u>all</u> LPNs are <u>required</u> to complete, and this education is referred to as the "directed learning".

The Directed Learning for 2025/26 is to complete the **CCPNR Code of Ethics learning module**. This module can be found on the CLPNNL website under the *practice and policy* tab or by clicking here: <u>CCPNR</u>: <u>Code of Ethics</u>.

Once you complete this education, log it in your Learning Plan and choose "directed learning" from the activity name and activity type drop down boxes.









Science, Health and Research Education Summit

### Monday, November 10, 2025

Faculty of Medicine Memorial University St. John's, NL Virtual
Attendance
Available!

Save the date for the 2025 SHARE Summit! SHARE is a showcase for applied health research in Newfoundland and Labrador, and how that research is improving the lives of patients in our province. Sessions cover the latest work and updates from NL SUPPORT and Quality of Care NL.

Registration and program details will be available in September. www.qcnl.ca/share







#### **Register Now!**

CLPNNL is proving another opportunity for LPNs to attend the CLPNNL <u>Professional Leadership Workshop</u>, but this time it's virtual. This workshop has seen an increase in demand over the last few years, and we are pleased that we can offer it again this year virtually. Having it virtually will provide an opportunity for LPNs from all over Newfoundland and Labrador to attend. By registering, you will be committing to a full day-long session (0830-1600).

This is an interactive workshop, and we'll discuss topics such as leadership, professionalism, standards, ethics, scope of practice, and many other regulatory topics. If you haven't attended yet, and if this is something that interests you, don't delay, register today!

When: October 28/25

Where: Virtual

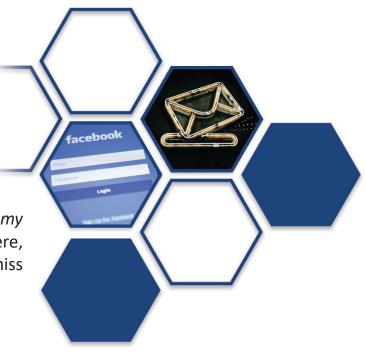
To register, visit www.clpnnl.ca/events.

#### Stay Connected...

Follow CLPNNL on Facebook by liking our page – <u>CollegeLPNNL</u>. You can also find education and the most up to date regulatory information for LPNs on the College website by visiting <u>www.clpnnl.ca</u>.

Can't find an email in your inbox? Check out the "my emails" section of the Alinity Member Portal. There, you will find emails sent by the College. Never miss out on deadlines, up to date news, etc.

Remember, my practice is my responsibility.



#### **ISMP** Canada

Institute for Safe Medication Practices Canada

A Key Partner in the Canadian Medication Incident Reporting and Prevention System (CMIRPS)

#### MED SAFETY EXCHANGE Webinar

Wednesday, September 17, 2025 at 1205h ET

» Registration »

Join your colleagues across Canada for complimentary 50-minute webinars to share, learn and discuss incident reports, trends and emerging issues in medication safety!

**Spotlighting World Patient Safety Day 2025** 

"Safe care for every newborn and every child"

Contact: medsafetyexchange@ismpcanada.ca



Sign up for ISMP Canada Safety Bulletins

#### **NEWFOUNDLAND AND LABRADOR CENTRE ON SUBSTANCE USE**

# Partnered Course: CATIE's HIV and Hepatitis C Testing

Course: September 15 - October 16, 2025 Online Webinar Session: Thursday, October 16, 2025, from 12:00 - 2:00 pm NDT

In Canada, substance use, especially injection drug use, is a leading cause of hepatitis C (HCV) and HIV transmission. Sharing needles or other drug-use equipment greatly increases the risk. A majority of new HCV cases and a significant portion of new HIV infections are linked to injection drug use. Co-infection is common and can lead to more severe health outcomes. Evidence-based harm reduction strategies, like needle exchange and supervised consumption services, are essential to reducing transmission and improving health (PHAC, 2021; PHAC 2020; CATIE, 2023).

#### **Learning Objectives:**

At the end of the course, the learner will be able to:

- Explain the importance of testing.
- Identify barriers & facilitators to HIV & HCV testing.
- Explain HIV testing and diagnosis process & types of tests used for HIV.
- Explain the HCV testing & diagnosis process & the types of tests used for HCV.
- Describe testing procedures that are key components of the HIV & HCV testing process.
- Identify key strategies & actions to support reaching people with undiagnosed HIV & HCV.

#### **Time Commitments:**

- Participants should expect to commit 1.5 hours per week to complete all assigned online activities.
- The online meeting is approximately 2 hours long.

#### Target Audience:

- Frontline service providers who work with people who can benefit from HIV and/or Hep C testing.
- Participants should have a basic understanding of HIV & Hep C before beginning this course.

#### **Course Description:**

This course aims to develop in-depth knowledge of testing technologies, approaches to testing, and how all service providers play an important role in reaching people with HIV and hepatitis C. Throughout this course, participants learn about the importance of testing for HIV and hepatitis C, what testing technologies exist in Canada, and key considerations to support people throughout the testing process. By exploring different approaches to testing and the barriers that exist from both an individual-level and system-level, service providers come away with strategies to facilitate testing and linkage to care, treatment, and prevention in their communities and with their clients.

#### **CLICK HERE**

to view a detailed outline of the course

#### **REGISTER HERE**

For more information contact:







## **Ask a Practice Consultant**

Q: I have completed various types of education. How do I track my learning for my continuing competency program (CCP)?

A: All learning being reported as part of your CCP must be entered into your CLPNNL Alinity member portal. Log into your account and click on the "my learning" section. From there, you will either be directed into the Learning Plan (if already set up) or you must choose the 2026 licensing year then click on save and the new learning plan will open. From there, click on the blue "add" button to add ALL of your learning. Once the learning is added, don't forget to hit SAVE. CLPNNL has a recorded video that LPNs can avail of that identifies this process: <a href="https://www.youtube.com/watch?v=POj3uCw8YR8">https://www.youtube.com/watch?v=POj3uCw8YR8</a>



# Q: I've been asked to complete immunizations within my employment setting. How do I know if I can do this?

A: LPNs use the scope of practice framework to determine their own individual scope of practice. The framework acts as a tool to help LPNs identify what they are educated, authorized, and competent to do. You must have the knowledge, skill, and judgment to carry out the activity safely, competently, and ethically. Reflection is a key element in this, in that you must reflect on if you have received the education (theory and practice), if you are authorized (by the client, the your employer, the law, and the regulatory body), and if you are competent (having currency of practice hours, can safely manage the outcomes of care, being aware of best practices).

LPNs must also reflect on the considerations for determining the assignment of care. Reflect on: who the client is, what their needs are, and how complex their care needs are; Where is practice taking place. Is it a controlled environment? Is it safe for this care to be carried out here? Do I have the tools and resources to safely manage the outcomes of care; Am I the right nurse? Do I have the right skill set to safely carry out this activity with this client?

Once you reflect on all of this, you should be able to make the determination if you can carry out an activity or not.

CLPNNL does not have direct yes or no answers as each client, setting, nurse, environment, and scenario is unique and requires reflection. Still not sure? Consult your employer, or call CLPNNL.

# Q: I just finished the Advanced Footcare Course, and I want to start caring for clients in my community. Can I just go ahead and do that?

**A:** LPNs who complete an advanced footcare course have gained in-depth knowledge of foot heath. If you choose to apply your knowledge and expertise in foot care as a self-employed LPN you must adhere to the laws, regulatory directions and requirements of the CLPNNL. There are two documents that can help LPNs identify their responsibilities and accountabilities in relation to advanced footcare. These two documents are <u>Self Employment</u> and <u>Advanced Footcare</u>. LPNs must also adhere to best practices according to the <u>Canadian Association of Footcare Nurses</u> (CAFCN). LPNs are encouraged to reach out to the CLPNNL Practice Consultant to further discuss their intentions.

If you would like to discuss any of the above topics, or have other practice inquiries, contact Wanda Squires Practice Consultant at <a href="mailto:wsquires@clpnnl.ca">wsquires@clpnnl.ca</a>.

#### **Reminder: Track your LPN Practice Hours**

LPNs, don't forget to keep a record of your practice hours. CLPNNL requires that you keep a record of the hours that you practice as an LPN, and report those hours during licensure renewal each year. You will report only the hours that you practiced as an LPN between April 1 and March 31 each year.

#### How to keep track of your hours?

You may choose to keep a written or electronic record of the hours worked, or use an app on your smart device. It is important to only report to CLPNNL the hours actually worked as an LPN, so you would not include vacation, sick, or other leave hours. While you only report these hours when you renew your license, it is important to keep an accurate accounting of your practice hours throughout the year.

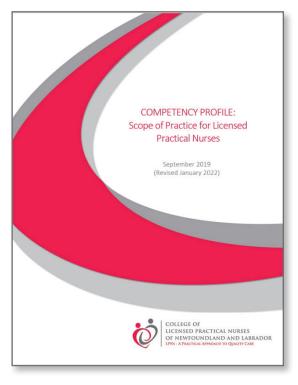
#### **Competency Profile Transition – Part 2**

In the last issue of PRACTICE (volume 10 issue 2), we informed you that CLPNNL will be moving away from the Competency Profile document and embracing a scope of practice framework for LPNs.

CLPNNL has been busy meeting with key stakeholders and LPNs to develop this new document which LPNs will use to determine the activities they can and cannot carry out.

When considering if an activity is part of one's own scope of practice, it is important to reflect on the concepts of being educated, authorized, and competent to perform an activity.

Once completed and approved by the CLPNNL Board, the new document will outline a process for LPNs to determine if they have the knowledge, skill, and judgment to carry out an activity safety, competent,



and ethically. LPNs will use this document in conjunction with the *Assignment of Care* document to reflect on the client needs, complexity, the setting where practice is taking place and if they have the right skill set to carry out that activity.



As CLPNNL moves forward with archiving the Competency Profile, LPNs will continue to use this scope of practice framework to determine if they can or cannot carry out an activity.

CLPNNL will have additional information to share in the next issue of PRACTICE.



(all times are NST)

To register for any event, visit <a href="www.clpnnl.ca/events">www.clpnnl.ca/events</a>.

Date	Time	Title and Presenter
September 17/25	2:00 pm	Alinity Member Portal – tips on using the portal
October 21/25	3:00 pm	Documentation – My Responsibility
October 29/25	1:00 pm	Scope of Practice Framework - tips for determining if you can carry out an activity or not
November 12/25	2:00 pm	Enhancing Client Safety through Respectful Professional Communication
December 3/25	2:00 pm	Documentation – My Responsibility

## Professional Conduct Review (PCR) Notifications

On April 1, 2025 the CLPNNL Complaints Authorization Committee (CAC) reviewed an allegation against an LPN. The Complainant was the LPN's employer. It was alleged that the LPN did not complete critical components of a client assessment and follow-up care. The CAC ordered an investigation. After reviewing the investigation findings, the CAC concluded that there were reasonable grounds to believe that the LPN engaged in conduct deserving of sanction. The matter was referred to the Registrar for Alternative Dispute Resolution (ADR) agreement. The CAC required that a caution and counsel be issued to the LPN within the ADR agreement. As part of the resolution process, the LPN was required to complete remedial education on the Standards of Practice and the Code of Ethics, Regulating LPN Practice, Health Assessment, Jurisprudence, Communication in Nursing, and Documentation. The LPN met with the CLPNNL Practice Consultant to discuss the CLPNNL Standards of Practice and Code of Ethics, as well as Accountability and Transfer of Responsibility in client care. The LPN completed an essay that identified the Standards of Practice and Ethical Responsibilities that their actions did not meet and outlined what they learned from the situation to assist them in future client assessments and documentation. Following completion of the above, the CAC issued a Caution and Counsel to the LPN, cautioning them against false documentation related to diabetes management for the clients under their care and counselling them to maintaining competency in blood glucose assessment, monitoring, evaluation and documentation. The LPN is required to attend the CLPNNL Leadership Workshop.

On June 25, 2025, the CLPNNL Registrar resolved an allegation against an LPN. The

Complainant was the LPN's employer. It was alleged that the LPN did not follow established safe medication practices in the administration of medications. As part of the resolution process, the LPN was required to complete remedial education on the Standards of Practice and the Code of Ethics, Accountability, and Medication Management. The LPN met with the CLPNNL Practice Consultant to discuss this education as well as to discuss the importance of following best practices in the preparation and administration of all medications. The LPN completed an essa addressing how their actions did not meet the Standards of Practice in relation to medication administration. They also were required to reflect on the education gained from this experience and use it to improve their nursing practice in the future.

On June 26, 2025, the CLPNNL Registrar resolved an allegation against an LPN. The-Complainant was the LPN's employer. It was alleged that the LPN engaged in disrespectful communication in the workplace with colleagues, using profanity and they failed to complete adequate transfer of information on assigned clients. As part of the resolution process, the LPN was required to complete remedial education on the Standards of Practice and the Code of Ethics, Regulating LPN Practice, Accountability, Jurisprudence, Communication in Nursing, and Resolving Professional Practice Issues. The LPN met with the CLPNNL Practice Consultant to discuss the CLPNNL Standards of Practice and Code of Ethics, as well as Accountability and Transfer of Responsibility in client care. The LPN was also required to complete an essay that identified the Standards of Practice and Ethical Responsibilities that their actions did not meet and outlined what they learned from the

situation to assist them in future professional communications and transfers of client information.

On July 11, 2025, the CLPNNL Registrar resolved an allegation against an LPN. The Complainant was the LPN's employer. It was alleged that the LPN exhibited a number of issues in their nursing practice that included (a) not reported to work and/or leaving prior to the end of a shift, thereby impacting the transfer of client care, (b) taking frequent unscheduled breaks during a work shift, (c) being unprofessional in communications with colleagues; (d) being unprofessional in referring to clients; (e) using profanity in a professional work environment; and (f) taking personal phone calls during designated work time. As part of the resolution process, the LPN was required to complete remedial education on the Standards of Practice for LPNs, the Code of Ethics, Accountability, Jurisprudence, professionalism as well as transfer of client care accountabilities. The LPN met with the CLPNNL Practice Consultant to review the assigned education as well as to discuss the implications of their actions on client care and the importance of professionalism and accountability to safe, competent nursing practice. The LPN submitted a reflective essay outlining how their actions did not meet the expectations for LPN practice and how the learning gained from the required education will impact their future practice. The LPN is required to take part in the CLPNNL virtual Leadership Workshop where these topics will be further explored.

On July 11, 2025, the CLPNNL Registrar resolved an allegation against an LPN. The Complainant was the LPN's employer. It was alleged that the LPN did not follow established safe medication practices in the administration of medications. As part of the

resolution process, the LPN was required to complete remedial education on the Standards of Practice and the Code of Ethics, Accountability, and Medication Management. The LPN met with the CLPNNL Practice Consultant to discuss this education as well as to discuss the importance of following best practices in the preparation and administration of all medications. The LPN completed an essay addressing how their actions did not meet the Standards of Practice in relation to medication administration. They also were required to reflect on the education gained from this experience and use it to improve their nursing practice in the future.

On September 3, 2025, the CLPNNL Registrar resolved an allegation against an LPN. The Complainant was the LPN's employer. It was alleged that the LPN did not follow established safe medication practices in the administration of medications. As part of the resolution process, the LPN was required to complete remedial education on the Standards of Practice and the Code of Ethics, Accountability, and Medication Management. The LPN met with the CLPNNL Practice Consultant to discuss this education as well as to discuss the importance of following best practices in the preparation and administration of all medications. The LPN completed an essay addressing how their actions did not meet the Standards of Practice in relation to medication administration. They also were required to reflect on the education gained from this experience and use it to improve their nursing practice in the future. On June 26, 2025, the CLPNNL Registrar resolved an allegation against an LPN. The Complainant was the LPN's employer. It was alleged that the LPN engaged in disrespectful communication in the workplace with colleagues, using profanity and they failed to complete adequate transfer of information on assigned clients. As part of the resolution process, the LPN was required to complete remedial education on the Standards of Practice and the Code of Ethics, Regulating LPN Practice, Accountability, Jurisprudence, Communication in Nursing, and Resolving Professional Practice Issues. The LPN met with the CLPNNL Practice Consultant to discuss the CLPNNL Standards of Practice and Code of Ethics, as

well as Accountability and Transfer of Responsibility in client care. The LPN was also required to complete an essay that identified the Standards of Practice and Ethical Responsibilities that their actions did not meet and outlined what they learned from the situation to assist them in future professional communications and transfers of client information.

NEWFOUNDLAND AND LABRADOR
CENTRE ON SUBSTANCE USE

## **NLCSU NEWS**

NLCSU 7<sub>th</sub> Annual Provincial Substance Use Conference



# SAVE THE DATE NLCSU 7th Annual Provincial



SUBSTANCE USE CONFERENCE

Hosted by the NL Centre on Substance Use

November 12, 13, & 14, 2025

#### Hybrid Event (Virtual & In-Person Attendance Available)

In-person attendance at the Health Innovation Acceleration Centre (66 Pippy Place, St. John's, NL)

Advanced Evening Session: Wednesday, November 12, 2025

#### Thursday, November 13, 2025

- Focus: Substance Use Health, Research, and Harm Reduction Education
- Target Audience: Anyone with work and/or lived experience related to substance use health

#### Friday, November 14, 2025

- Focus: Clinical Substance Use Education and Innovation
- Target Audience: Health care professionals treating and managing clients who use substances



Please mark your calendars for these dates. Invitation, agenda, and registration information coming Summer-Fall 2025.

**QUESTIONS? EMAIL US AT: NLCSUCONFERENCE@NLHEALTHSERVICES.CA** 

#### **CATIE's Safer Substance Use Fact Sheets**

CATIE's safer substance use fact sheets have been updated. These fact sheets help service providers share best practices and key messages to educate their clients about how to inject, smoke, or snort different drugs as safely as possible.

These include information on:

- Safer injecting (Crystal Meth, Fentanyl, Heroin, Powder & Crack Cocaine, Opioid tablets & capsules)
- Safer smoking (Smoking with foil, Crack Cocaine, Crystal Meth)
- Safer snorting (Powder Cocaine, Crystal Meth, Prescription Tablets)

#### CLICK HERE

to view their Fact Sheets



#### CAPSA National Substance Use Health Week of Action - September 8-12th, 2025

#### CAPSA Declares September 8-12<sup>th</sup>, 2025 as National Substance use Health Week of Action.

CAPSA is launching a national campaign to promote equitable access to Substance Use Health care across Canada. With support from partners nationwide, the campaign invites everyone to join the conversation and advocate for compassionate, evidence-based care.

The campaign highlights the importance of access to support across the full spectrum of substance use. Each day includes a call to action aimed at reducing stigma, shifting mindsets, and recognizing Substance Use Health as part of overall wellness.



To learn more about this campaign, CLICK HERE!

CLICK HERE to view the CASPA Substance Use Health Spectrum Resource



#### **Resources & External Opportunities**

- 1. **HIV Legal Network:** Reports Hard Time Persists: Healthcare and Harm Reduction in Canada's Prison System. Published April 30, 2025.
- CLICK HERE
- 2. **Homewood Research Institute:** Research Article Cannabis Legalization: A Closer Look at Its Impact on People with Substance Use Disorders. Published June 6, 2025.
- VIEW HERE
- 3. UBV CPD: eLearning Course Perinatal Substance Use
- REGISTER HERE

#### **Newsletter Submissions**

Have a substance use-related resource, program, event, or service to share or want to nominate someone for our "Faces in the Field" feature?

#### **NLCSU Knowledge Repository**

Click to view the:

#### NLCSU Knowledge Repository

Within this repository you can find slides, recordings, and other resources on substance use.

#### **NLCSU CCENDU Network**

The unregulated drug supply in Newfoundland and Labrador is dangerous and unpredictable.

If you are aware of any changes in the drug supply,

CLICK HERE TO EMAIL

Building 532, 80 Charto St. John's, NL A1B 4A4		NL Health Services				
NLCSU Staff						
Wayne Bishop	Manager	wayne.bishop@nlhealthservices.ca				
Jane Henderson	Harm Reduction Consultant	jane.henderson@nlhealthservices.ca				
Hayley Baker	Knowledge Exchange Facilitator	hayley.baker@nlhealthservices.ca				
Beth Howse	Knowledge Exchange Facilitator	beth.howse@nlhealthservices.ca				
Natalie Holden	Clinical Pharmacist	natalie.holden@nlhealthservices.ca				
Ann Vu	Clerk Typist III	thuanh.vu@nlhealthservices.ca				
General NLCSU Contacts						
General NLCSU Inquiries		NLCSU@nlhealthservices.ca				
Project ECHO Inquiries		NLCSU.ECHO@nlhealthservices.ca				
NLCSU Conference Inquiries		NLCSUconference@nlhealthservices.ca				
Naloxone Inquiries		NL.naloxone.program@nlhealthservices.ca				

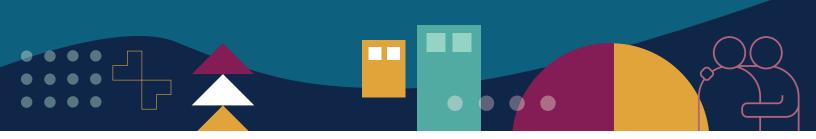
#### **CLPNNL Quality Monitoring - Update**

The 2025 Quality Monitoring began in May 2025. This monitoring reviews a selected number of LPN's continuing education in the 2024/25 licensing year. CLPNNL is reporting that as of September 1, 2025, of the 125 LPNs selected for Quality Monitoring, 98% have complied with all elements of their CCP.

Two percent (2%) have not complied and have been referred to the CLPNNL Registrar.

\*\* LPNs, be sure to log your 14 hours of education, including your directed learning (see page 7) on your record of learning in your Alinity member portal. If you have questions, please contact Wanda Squires, Practice Consultant, at <a href="mailto:wsquires@clpnnl.ca">wsquires@clpnnl.ca</a>.





# Urgent Care Centres

# What is an Urgent Care Centre?

Urgent Care Centres provide access to care for those with unexpected but non-life-threatening health concerns. Urgent care is when you need same-day treatment for a serious, unexpected health issue that is not life-threatening. Urgent Care Centres can be utilized by patients with or without a primary care provider.

# How Does Urgent Care Compare to Other Services?

- Walk-in primary care clinics offer fast, convenient access to medical care.
   They are generally staffed by physicians and nurse practitioners.
- Walk-in clinics are a good option for when you are not feeling well, but it's not serious enough for the emergency room or urgent care.
- Walk-in clinics can be used by people who have a primary care provider but may not have immediate access or by people who have no primary care provider.
- Hospital emergency departments provide medical care at any time, day or night.
   Unlike urgent care centres or walk-in clinics, emergency departments address the most serious and life-threatening health issues.
- Patients with potentially life-threatening conditions should immediately call 911.
- Emergency departments are the only sites that receive ambulances.



# Nursing Education and Research Council Nursing Grand Rounds 2025-2026

Date	Topic	Presenter	Location
Sept 25	HOPE Program	Kelly Maloney Clinical Leader/Dietitian, HOPE Program	Webinar
Oct 30	Hepatitis C in Primary Care—Modern Approaches and Clinical Pearls	Sarah Messervey BN RN MN NP Primary Health Care & Chronic Disease Management Program	Webinar
Nov 27	The Provincial Dementia Care Navigator	Jessica Ruth, BSW, RSW Provincial Dementia Care Navigator	Webinar
Jan 29	Janeway Lifestyle Program	Anne Wareham, R. Psych. Psychologist & Program Lead Janeway Lifestyle Program	Webinar
Feb 26	Diabetes Education	Krista Lawrence, BN MN RN Clinical Lead, Diabetes Education Centre	Webinar
Mar 26	Scope-Primary Care Nursing	Monica McGraw Post-Doctoral Research Fellow and Research Professor, University of New Brunswick	Webinar
Apr 30	To be Announced	To Be Announced	Webinar
May 28	To be Announced	To Be Announced	Webinar
June 25	To be Announced	To Be Announced	Webinar

- Please note that all rounds will occur from 1400-1500 hours
- Nursing Grand Rounds will not be held during December, July & August due to the holiday seasons

#### Remember:

Attendance at Nursing Grand Rounds can be used as credit towards the CRNNL & CLPNNL Continuing Competency Program.

For additional information please contact Professional Practice - Nursing 777-7792

#### **Health and Community Services**

August 28, 2025

#### New Mental Health Team to Assist Families Impacted by Conception Bay North Wildfires

The Provincial Government and Newfoundland and Labrador (NL) Health Services are establishing a mental health wildfire recovery team that will help residents impacted by the wildfire in Conception Bay North.

The dedicated team will consist of mental health nurses, social workers, and Doorways staff servicing travel clinics, schools, and mobile sites in the region. It will provide comprehensive, trauma-informed, and holistic care to individuals, families and the broader community. Two trained peer support workers from the U-Turn Drop-in Centre in Carbonear will also provide onsite services to first responders in Conception Bay North over the next six months.

Mental health supports that have been provided to first responders and people displaced by the wildfire at Carbonear Academy will now be available at:

- The Harbour Grace Splash Centre for people who remain evacuated from the areas of Western Bay, Ochre Pit Cove and southern portion of Northern Bay.
- Salem Centre in Small Point for people who will return to Town of Small Point-Broad Cove-Blackhead-Adam's Cove and Kingston.

More than \$800,000 has been allocated by the Provincial Government for the initiative. The Department of Health and Community Services will review the service in 2026 to ensure services are in place to help meet the mental health needs of residents.

The services are in addition to other assistance established for residents impacted by the wildfire, including temporary housing assistance and supports for small- to medium-sized businesses and employees.

#### Quotes

"These have been incredibly difficult times for everyone impacted by the wildfire and we know the short- and long-term mental health consequences that traumatic experiences like this can cause. This team reinforces our commitment to support individuals and residents as they rebuild their communities and ensures the resources are in place to provide mental health services. We encourage everyone experiencing a mental health or substance use crisis to contact the appropriate resources."

Honourable Krista Lynn Howell Minister of Health and Community Services "The people of Conception Bay North are facing a time of intense stress and uncertainty. The need for increased mental health supports in the region is something that was identified in the initial meetings of our Cabinet Committee, as we recognize that mental health supports are a crucial aspect of recovery. I thank the teams with NLHS and the Department of Health and Community Services for their swift work in forming this team, and I thank the members of the team for the important work they will do over the coming months."

Honourable Jamie Korab Chair, Cabinet Committee on Conception Bay North Response and Recovery Minister of Seniors and Minister Responsible for the Newfoundland and Labrador Housing Corporation

"While the strength and resilience of our communities have been evident over the past few weeks, these health care supports will help ease the burden for anyone who needs assistance as communities move forward with the recovery process. I thank all health care professionals who have been supporting residents throughout the wildfire period. I know they will continue to provide exceptional care to all residents in the Conception Bay North region. I encourage all residents, particularly those on the North Shore, to take advantage of these supports and services."

Honourable Steve Crocker
Minister of Industry, Energy, and Trade
MHA for Carbonear - Trinity - Bay de Verde

