

# Aesthetic Nursing Services Practice Guideline

2021



COLLEGE OF  
LICENSED PRACTICAL NURSES  
OF NEWFOUNDLAND AND LABRADOR  
LPNS - A PRACTICAL APPROACH TO QUALITY CARE



This practice guideline outlines the regulatory requirements for Licensed Practical Nurses (LPNs) in Newfoundland and Labrador in relation to aesthetic nursing services. This guideline has also been provided to assist employers to develop their own policies and processes when their practice utilizes LPNs in the provision of aesthetic services.

Aesthetic nursing services includes the provision of specialized procedures for the purpose of cosmetic treatment such as, but not limited to, dermal fillers, volume enhancers, collagen, stimulators, lipolysis and neuromodulators (e.g., Botox).

### FOR THE PROVISION OF AESTHETIC SERVICES TO BE CONSIDERED WITHIN THE SCOPE OF PRACTICE OF LPNS IN NEWFOUNDLAND AND LABRADOR THE FOLLOWING CRITERIA MUST BE MET:

- The skills required to carry out aesthetic services must be within the scope of practice for LPNs in Newfoundland and Labrador, as outlined in the *CLPNNL Competency Profile for Licensed Practical Nurses (2019)*.
- Provision of aesthetic nursing services are not taught in the PN entry-to-practice program and require additional education. The LPN must attain and maintain the required post-basic competencies (knowledge, skills, attitudes, and judgments).
- LPNs providing aesthetic services must work in collaboration with a physician or nurse practitioner who is authorised to prescribe and manage aesthetic treatments, and related medications, products, and interventions.
- The initial assessment of the client must be done by the collaborating physician or nurse practitioner.
- The LPN must have a client specific order for all aesthetic services, including schedule 1 medications and/or substances, medical directives and/or application of treatments.
- The collaborating prescriber must be available and on-site for consultation, intervention and/or assistance during the provision of aesthetic services, and for management of unintended outcomes of care.
- Aesthetic services by an LPN must only be provided in a practice setting where health services of that nature are routinely performed (e.g., health clinic) and where access to equipment and resources supports the safe performance of procedures.
- LPNs must use only Health Canada approved products and equipment.
- LPNs providing aesthetic services as part of a self-employed practice must also adhere to the requirements outlined in the CLPNNL Self-Employment Practice Guideline.

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<sup>i</sup> Aesthetic nursing differs from esthetic procedures in that esthetic procedures are activities that do not require a regulated health professional (e.g., facials, waxing, piercings, tattooing including semi-permanent makeup etc.).





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